



## **PRACTICE DATES & TIMES**

### **SWIM TEAM**

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**June 4- July 7 | Monday - Friday**

9:00 - 9:45 am 9-12 years old

10:00 - 11:00 am 13 & up

10:00 - 10:30 am 7-8 years old

10:30 - 11:00 am 6 & under

### **DIVE TEAM**

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**June 4 - July 7 | Monday - Friday**

9:30 - 10:00 am 8 & under

10:00 - 11:00 am 9-10 years old

11:00 - 12:00 pm 11 & up

**Regular attendance is encouraged for practice Monday – Friday**

### **SWIM LESSONS**

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Timeslots for Swim Lessons will be available M-F immediately following Swim Team Practice, from 11:00am – 12:00pm. Times may be coordinated directly with the Swim Coach or Instructor. Bios for instructors will be provided.